

Research on Vocal Music Performance Based on Stage Expressiveness

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Keywords: Stage Performance, Vocal Performance, Performing Art

Abstract: vocal performance, as an art form combining theory with practice, aims to convey beauty through its expressive power. As a performing art, it is an expression of inner emotions for the singer, and it uses singing techniques to communicate its feelings and cognition of the song art to the audience through its own singing expression. It is a singer's complex and delicate psychological creation and experience process. In the process of vocal performance practice teaching, the stage performance of students determines the performance effect to a large extent. The purpose of this paper is to put forward countermeasures through the problems existing in vocal performance and the cultivation of stage performance, hoping to provide theoretical help for vocal performers to better strengthen stage performance.

1. Introduction

Vocal music performance is a kind of music performance which is based on singing and voice. In stage performance, it is different from instrumental performance and has stage performance power that instrumental performance does not have [1]. As a performing art, it is the expression of inner feelings for the singer, and uses singing skills to convey his feelings and cognition of the song art to the audience through his own singing expression. It is a complex and exquisite psychological creation and experience process for the singer. Vocal performance is an extremely complex physiological and psychological process. Whether a vocal performer can successfully perform a vocal work requires not only the singer's superb performance skills, but also the vocal performer's good psychological quality and psychology State [2]. Because the psychological quality of performers often directly determines the stage rendering effect and the sound aesthetics felt by the audience to a certain extent [3].

In the practical teaching process of vocal music performance, the performance effect is largely determined by the students' stage performance. Therefore, in order to comprehensively improve the comprehensive quality of students' vocal music major, teachers should focus on strengthening the cultivation of students' stage expressive force in performance training activities. Stage performance is an eternal theme for vocal performers [4]. As we all know, the highest artistic level of vocal performance is that the singer can stand on the stage easily, attract the audience, infect the audience, and accurately express the feelings expressed in the works. Many singers have good voice conditions, but the works they perform are not attractive and do not express their feelings better. There are two important reasons: (1) the understanding of the works is not deep enough; (2) the lack of stage performance, which leads to failure in both internal and external factors [5]. Singers must not only have a solid singing foundation and good psychological quality, but also have certain theoretical knowledge such as art, literature and performance foundation. Only by doing this can they become winners on the stage [6].

2. Some Problems Existing in Vocal Music Performance Based on Stage Expression At Present Stage

2.1 The Psychological Quality of Vocal Performers

At present, many teachers in our country don't pay much attention to the stage performance of vocal performers, which to a certain extent affects the attention of vocal performers to stage performance consciousness. Because of the lack of stage performance consciousness, many vocal performers can't present more wonderful vocal performances for the audience. We often see such a phenomenon. Some vocal singers who first appeared on the stage for singing show have a clear and stable performance under the stage, but when they arrive on the stage, the effect is greatly reduced, even they are so nervous that they forget the lyrics. In fact, this is stage fright caused by psychological tension. The psychological quality of vocal singers is often reflected in their confident, calm, calm singing skills and performance. Good singing psychology is a very important part of the performer on the stage. Therefore, training the performer's singing psychology can not be ignored in the ordinary teaching process. The formation of good singing psychology is very complicated and diversified. There are two main reasons for this: on the one hand, as performers, they have different life environment, family background, growth experience and received different education, resulting in different personality characteristics and different psychological qualities; On the other hand, as a teacher who is the main body of education, different personalities also influence the performers imperceptibly in the process of education, and cultivating good singing psychology teachers plays a leading role. Teachers should strive to create a pleasant and relaxed learning atmosphere, have a correct understanding of performers, establish a harmonious relationship between teachers and students, and accurately grasp the psychological characteristics of students.

2.2 Weak Artistic Expression of Vocal Performers

An excellent vocal performer should not only have certain stage performance experience and good stage performance consciousness, but also have excellent artistic expression, so as to present a perfect visual and auditory enjoyment without the audience. If you want to show yourself well on the stage, you must first have the conditions to learn vocal music. In China, there are many people who like vocal music. From a large perspective, as long as the voice and hearing are sound, everyone can learn to sing. However, in terms of details, to make vocal music reach a certain artistic level, you need to have a basic knowledge of singing. Music educators in China have also summarized the necessary conditions for learning to sing, such as: healthy vocal cords, good voice, sharp hearing, good rhythm, healthy physique, and good thinking. A solid foundation in singing is not a day's work. It is not cold in a day, and it requires a long and systematic training process. In this process, it is mainly reflected in the relationship between teaching and learning. Artistic imagination does breed psychological function for vocal music performance to a certain extent. In fact, it emphasizes that it is closely related to complex psychological processes such as image thinking and emotional emotions. There is a long-term interactive relationship between them. During the actual practice of vocal music performance, we can observe from another perspective, and the corresponding performance activities will be full of imagination. This part of imagination can ensure to continuously promote the progress of vocal music art performance, and ultimately maintain the interactive promotion and indispensable correlation characteristics for a long time. Due to the lack of certain artistic expression, the vocal performers in China cannot attract the audience's attention in the live performance, which makes the audience gradually lose interest in the vocal performance, which is not conducive to the development of Chinese musical performance drama in the long run [7].

2.3 Lack of Stage Performance Experience and Performance

If you want to develop a high level of vocal singing skills, you must carry out a variety of stage practices in advance to gradually exercise and adapt. In the final analysis, vocal stage performances have always been a high-end art project. Since its development, the rich experience of artists has

been incorporated into them. Because the performing arts of vocal music always show obvious publicity, appreciation, and other different forms of performance characteristics, they have always been sought after by the general public. It should be noted that to determine whether a type of vocal singing activity is sufficiently high-quality, it is not only necessary to pay attention to the stability of the performer's vocal technique control, the sweetness of the timbre display, the wide range of the sound, but also to ensure that the relevant characters are revealed in real time. Personality characteristics, emotional image. One of the gaps between China's current stage-based vocal teaching and western countries is that our vocal performers lack stage consciousness, which leads to stiff expressions, physical coordination and single performance in live performances. A good live performance will affect the visual enjoyment of the audience to a certain extent, and it will also affect the mood of the vocal performer. The singer has accumulated a solid singing foundation, has a good singing psychology, has developed a wealth of literature and art cultivation, but also a large number of stage art practice activities. Only by combining theory with practice can a good singer be achieved. That is to say, only students with good stage performance can reflect their vocal performance ability, and the training meets the practical teaching standards.

3. The Specific Measures to Optimize the Stage Performance in Vocal Singing

3.1 Strengthen Vocal Teachers' Teaching Awareness of Live Stage Performances

In vocal music singing, in order to effectively cultivate students' stage performance, teachers should update and improve the teaching methods and contents, build a perfect vocal music performance teaching system for students, and strengthen the training of students' stage performance ability. First of all, in terms of teaching methods, teachers should abandon the traditional general teaching mode, innovate various teaching modes according to the specific interest requirements of students' vocal performance, create a real and independent stage performance space for students, so as to stimulate their stage performance consciousness. At the same time, in teaching content, teachers should not only design vocal performance skills, music theory and other knowledge, but also in accordance with the requirements of stage performance training, reasonable penetration of expressions, eyes, body and appreciation of vocal music, and further enrich the training content, so that students can Combining vocal performance with expressions, shapes, and emotions to improve the level of stage performance. Teachers must not only establish their own awareness of stage performance and improve their ability to perform on the stage, but also establish a sound curriculum system for vocal performers, add the content of stage performance to the curriculum, and establish students to master the stage in the course of this course The course goal of performance skills, then teach students stage performance skills, and promote students' performance improvement. During the period of establishing a stage awareness for vocal teachers, they should also use the teacher's consciousness to arrange actual performance activities such as reporting performances for students, so as to exercise the stage performance ability of vocal performers. The actual problems that arise will be explained in detail to prevent students from recurring the same problems in stage performances.

3.2 Establish a Stage Practice Platform to Provide Students with Sufficient Stage Performance Opportunities

In order to improve students' stage performance, teachers must build a reasonable practice platform to provide students with sufficient performance opportunities, so that students can constantly summarize and accumulate performance experience in the actual performance process and strengthen stage performance ability. Therefore, the vocal music teachers should design the practical training activities scientifically and reasonably according to the singing training standards and training objectives. In the stage performance of vocal music, in order to effectively improve the performance ability of performers, teachers should deeply explore the performance potential of students, and combine the current performance basis of students, reasonably construct the activity situation, organize students to observe and experience, and further strengthen the performance

consciousness and performance ability of students' Dance platform. In normal times, vocal music teachers should pay more attention to the introverted personality of students, strengthen guidance and psychological counseling, so that they have a good singing mentality. In the process of stage practice, the basic skills and emotional performance of the main body of vocal music should also be able to show the connotation of the work flexibly, and finally achieve the effect of singing with both voice and emotion through different ways. Any song contains a unique artistic effect. If you want to dig out and release such effects layer by layer, you must require the singer to have a deep understanding of this part of the work in advance, and to accurately control the internal emotional expression. Only after the organic integration of sound and emotion can the entire stage performance and singer's sound effect be improved smoothly.

3.3 Strengthening Psychological Quality Training to Improve Students' Performance on Stage

The cultivation of the psychic quality of vocal performers is a compulsory course, an important course second only to vocal singing. The psychological quality of an excellent vocal performer in his stage performance is also very important. The important factors affecting the expressive power of the stage are mainly reflected in the psychological quality of the performers. Having a good psychological quality is an important guarantee to improve the performance of students. Therefore, when organizing vocal music teaching, vocal music teachers should not only pay attention to the penetration of singing skills, but also strengthen the psychological quality training of students. The cultivation of vocal singers can not only stay in the teaching of singing methods and skills, but also shape the singers from many aspects, so that they have a good singing mentality, and lay a solid foundation for their success in singing. At the same time, if you want to strengthen the psychological quality of students' vocal singing, teachers must arrange stage performance practice activities step by step, so that students can accumulate stage performance experience in the process of continuous practice performance, calmly face stage performance and vocal singing, and then improve stage performance ability.

4. Conclusions

In recent years, although the development of vocal performance teaching in China is not mature, it has also made some progress. Because it is easy for performance teachers to ignore the training of students' stage performance, there will be students' stage performance is not strong or even stage fright. Therefore, as a professional vocal music teacher, we should pay more attention to the construction of students' comprehensive quality of vocal music performance, especially in the stage performance. In order to make students form a good stage performance and play stably in vocal music singing, teachers should optimize and innovate teaching elements such as teaching content, method, practice platform and performance repertoire, and focus on training students' performance psychological quality and practical skills, so as to comprehensively improve students' professional level of vocal music performance. Then drive the progress of the entire vocal singing art. This is the core mission entrusted to the vocal performance teaching staff by the times, hoping to attract the full attention and coordination of colleagues.

Acknowledgment

The stage research result of Jiangxi Province's art planning project "Research on the Theory of Vocal Music Performance in China in the New Period--Based on the Comparison with Russian Research" (Item number: YG2015071)

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